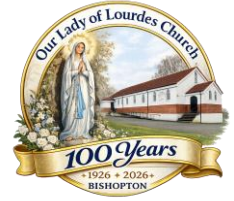


Pentecost Novena

Considered the oldest of all novenas, it originates from Jesus' instruction on Ascension Thursday to His apostles to remain in Jerusalem and await the Holy Spirit. The apostles, together with Mary, prayed for nine days in the upper room, anticipating the descent of the Holy Spirit on Pentecost Sunday. This period of prayer inspired the Church to establish the novena as a devotional practice, emphasising preparation, reflection, and openness to the gifts of the Holy Spirit.



The novena is prayed from the Friday after Ascension Thursday until the day before Pentecost Sunday. This is a time to pray for the seven gifts of the Holy Spirit: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord. It is also a time to seek guidance, strength, and spiritual renewal, opening oneself to the transformative power of the Holy Spirit.

Begin with the Sign of the Cross. Then, pray the relevant prayer each day. End each day with the prayer found overleaf.

Day 1: Friday

Prayer for the Seven Gifts of the Holy Spirit

Holy Spirit, Lord of Light,
from the clear celestial height,
thy pure beaming radiance give.

Come Holy Spirit,
fill the hearts of your faithful
and kindle in them the fire of your divine love.
Send forth your spirit and they shall be created,
and you shall renew the face of the earth.
O God, who has taught the hearts of the faithful
by the light of the Holy Spirit,
grant that by the gift of the same Spirit
we may always be truly wise
and ever rejoice in his consolation.
Through Christ, Our Lord. Amen.

Day 2: Saturday

Prayer for the Gift of Fear of the Lord

Come thou father of the poor,
come with treasures that endure,
come thou light of all that live.

Come, O blessed Spirit of Holy Fear,
penetrate my inmost heart,
that I may set you, my Lord and God,
before my face forever;
help me to shun all things that can offend you,
and make me worthy to appear
before the pure eyes of your Divine Majesty in
heaven,
where you live and reign in the unity of the Blessed
Trinity,
God, world without end. Amen.

Day 3: Sunday

Prayer for the Gift of Piety

Thou of all consolers best,
visiting the troubled breast,
dost refreshing peace bestow.

Come, O blessed Spirit of Piety,
possess my heart.
Implant in my soul filial love toward God,
my heavenly Father,
and brotherly love for all,
so that I may delight in the service of God
and my neighbour. Amen.

Day 4: Monday

Prayer for the Gift of Fortitude

Thou in toil art comfort sweet,
pleasant coolness in the heat,
solace in the midst of woe.

Come of blessed Spirit of Fortitude,
uphold my soul in time of trouble and adversity,
sustain my efforts after holiness,
strengthen my weakness,
give me courage against all the assaults of my
enemies,
that I may never be overcome and separated from
you,
my God and greatest Good. Amen.

Day 5: Tuesday

Prayer for the Gift of Knowledge

Light immortal, light divine,
visit thou these hearts of thine,
and our inmost being fill.

Come, O blessed Spirit of Knowledge,
and grant that I may perceive the will of the Father;
show me the nothingness of earthly things,
that I may realise their vanity
and use them only for your glory and my own
salvation,
looking ever beyond them to you
and your eternal rewards. Amen.

Day 6: Wednesday

Prayer for the Gift of Understanding

If thou take thy grace away,
nothing pure in man will stay;
all his good is turned to ill.

Come, O Spirit of Understanding,
and enlighten our minds that we may know
and believe all the mysteries of salvation;
and may merit at last
to see the eternal light in your light;
and in the light of glory to have a clear vision
of you, the Father, and the Son. Amen.

Day 7: Thursday

Prayer for the Gift of Counsel

Heal our wounds, our strength renew;
on our dryness pour thy dew;
wash the stains of guilt away.

Come, O Spirit of Counsel,
help and guide me in all my ways,
that I may always do your holy will.
Incline my heart to that which is good;
turn it away from all that is evil,
and direct me by the straight path of your

commandments

to that goal of eternal life for which I long. Amen.

Day 8: Friday

Prayer for the Gift of Wisdom

Bend the stubborn heart and will,
melt the frozen, warm the chill,
guide the steps that go astray.

Come, O Spirit of Wisdom,
and reveal to my soul the mysteries of heavenly
things,
their exceeding greatness, power, and beauty.
Teach me to love them
above and beyond the passing joys and satisfactions
of earth.
Help me to attain them and possess them forever.
Amen.

Day 9: Saturday

Prayer for the Fruits of the Holy Spirit

Thou on those who evermore,
thee confess and thee adore,
in thy sevenfold gift descend.
Give them comfort when they die,
give them life with thee on high,
give them joys which never end.

Come, O Divine Spirit,
fill my heart with your heavenly gifts:
your charity, joy, peace, patience, kindness,
generosity, faithfulness, gentleness, and self-control,
that I may never weary in the service of God but,
by continued faithful submission to your inspiration,
may merit to be united eternally with you
in the love of the Father and the Son. Amen.

End each day with the following prayer for all seven gifts:

O Lord, Jesus Christ, who, before ascending into heaven, promised to send the Holy Spirit to finish your work in the souls of your apostles and disciples, be pleased to grant the same Holy Spirit to me, that he may perfect in my soul the work of your grace and love. Grant me the spirit of wisdom, that I may despise the perishable things of this world and aspire only after the things that are eternal; the spirit of understanding, to enlighten my mind with the light of your divine truth; the spirit of counsel, that I may ever choose the surest way of pleasing God and gaining heaven; the spirit of fortitude, that I may bear my cross with you and that I may overcome all obstacles that oppose my salvation; the spirit of knowledge, that I may know God and know myself in him; the spirit of piety, that I may find the service of God sweet and pleasurable; the spirit of fear of the Lord, that I may be filled with a loving reverence toward God and may dread in any way to offend him. Animate me in all things with your spirit. Amen.